

## MALIGNANT TRANSFORMATION OF RECURENT JUVENILE LARYNGEAL PAPILOMATOSIS

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### Introduction

Recurrent juvenile laryngeal papilloma, although usually confined to the larynx can occasionally progress into nasopharynx, trachea and even into extensive bronchopulmonary disease. Most cases of recurrent laryngeal papillomatosis with bronchopulmonary involvement are cytologically benign and do not undergo malignant transformation. However, very rarely squamous cell carcinoma can arise in recurrent juvenile laryngeal papilloma in the absence of known risk factors such as radiation and smoking.

### Case report

The patient was a 22-year-old lady with a history of symptomatic laryngeal papillomatosis since early childhood. Her first presentation to the Otorhinolaryngologist was at the age of 2 with history of stridor. A diagnosis of juvenile laryngeal papillomatosis was made then. A tracheostomy was performed in 1977 (at the age of 4 years) to maintain an open airway in view of her airway obstruction. Her condition necessitated multiple endoscopic removal of laryngeal papillomas and thus was referred to UMMC in 1986 for laser excision of the papillomas. Results of multiple biopsies were consistent with recurrent laryngeal papilloma and failed to demonstrate any evidence of malignancies. The patient was a nonsmoker, did not consume alcoholic beverages and did not receive any radiation. In 1993 (20 years of age), a routine chest x-ray revealed an opacity in the right upper zone. Biopsy of the lesion was concluded as benign and thus she was referred to the cardio thoracic unit where she underwent right upper lobectomy. During the operation, seedlings of the papillomas were noted in lower right lobe.

In view of the extensive and recurrent nature of the lesion with tracheobronchial involvement, the decision to start interferon was made. She was given an induction dose 3 miu daily (I.M.) for 28 days. This was followed by a maintenance dose of 3 miu (I.M) three times per week. Her progress was carefully monitored and serial CT scans were done to evaluate her progress. Despite the interferon therapy, the papillomas were noted to rapidly increase in size. The

decision to use 5 cycles of 5-Fluoro Uracil was then made. However in mid 1995 (22 years of age), she was noted to have changes in her routine CT scan compatible with malignant change and enlargement of right pre hilar lymph nodes was noted (Figure 1). Biopsy of the lung lesion was reported as Squamous cell Carcinoma. Patient was again referred to the Cardio thoracic unit and right pneumonectomy was done. Intraoperatively, tissues were removed from chest wall and these were also noted to be invaded by carcinoma. The decision was made for chemotherapy followed by radiotherapy. She underwent one cycle of Mitramycin, Ifosomide and Cisplatin, however she expired after the first month of chemotherapy.



Figure 1. CT scan of lung showing carcinoma and rib erosion

### Discussion

Juvenile laryngeal papillomatosis are the most commonest benign neoplasms of the respiratory tract of children. The exact etiology still remains unknown although viral cause is widely believed. These lesions are multiple, recurrent and often involve bronchi and bronchioles, even extending into alveolar region. These lesions rarely undergo malignant transformation unless previously radiated. Adult laryngeal papillomas on the other hand are less frequently seen and are usually solitary. They also have a much higher incidence of

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malignant transformation.

Juvenile laryngeal papillomatosis often starts in the upper airway and progresses to involve distally. Several hypotheses have been suggested for this behavior, including posttraumatic transplantation following intubation, multiple biopsies, tracheostomy and also viral dissemination. Such recurrence and spread is not seen in the adult variety. It has been suggested that multiple lesions, deeply attached lesions, severe basal cell hyperplasia, high nuclear cytoplasm ratio and large nuclei are more prone to recurrence (1). Distal spread to bronchiole tree and alveoli is also associated with higher risk of neoplasm than papillomas confined to the laryngeal region. This is also associated with higher morbidity with higher incidence of pneumonia, bronchiectasis and abscesses.

There have been several reports of malignant transformation in juvenile laryngeal papilloma in the western world. Toso reported a patient who was a heavy smoker with a late age of onset (2); Shapiro *et al* described a patient who was a heavy smoker and an alcoholic (3). In situ and invasive malignant neoplasm was noted in the laryngeal papillomas. Brach *et al* and Russel and Kessler reported young patients who were non-smokers with lung involvement and malignant transformation was noted in the lung lesions. 2 cases were reported in the German literature; Kaiser and Justus each described malignant change in long-standing, recurrent juvenile papillomas without radiotherapy (4). Chandra Bewtra described a similar case in 1982. The first 2 reports suggested that heavy smoking and alcohol consumption might have contributed to the malignant change. The other reports have many similarities to our patient. In all of these cases, including ours, extensive papillomatosis involving pulmonary airways

with malignant transformation involving pulmonary regions, for which, no demonstrable cause is found.

Use of radiotherapy is contraindicated in the treatment of recurrent juvenile laryngeal papillomatosis, as is it associated with an increased incidence in malignant change (1). The incidence of stricture, cartilage necrosis and abnormal maturation of larynx has also been noted. Laser has been effectively used in many centers as the main modality of treatment of surgical excision of papillomas and till date, there has been no evidence to link it to any malignant transformation. 5-Fluorouracil was used in this patient due to the rapid involvement of the pulmonary tree and has not been shown to cause any malignant change either. Rady in 1998 showed that malignant transformation of recurrent laryngeal papillomatosis is associated with integrated human papillomavirus type 11 DNA and mutation of P53(5). In conclusion, incidence of malignant change is higher in long standing, severe, diffuse papillomatosis of the tracheo bronchial tree and this may arise as a result of radiotherapy, smoking and alcohol consumption and very rarely spontaneously.

## References

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