ANTIMICROBIAL RESISTANCE IN BACTERIA ISOLATED FROM TROPICAL COASTAL WATERS OF PENINSULAR MALAYSIA

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ABSTRACT Thirty three heterotrophic bacteria isolated from tropical coastal waters in Peninsular Malaysia were tested for susceptibility to 15 different antibiotics representing nine different classes of antimicrobial agents. We found that tetracycline, sulfonamide, mecillinam, sulfamethoxazole, erythromycin, and streptomycin resistance were predominant among the bacterial isolates. Resistance to chloramphenicol, ampicillin, vancomycin, norfloxacin, ofloxacin and trimethoprim/sulfamethoxazole were less common. All of the bacterial strains were susceptible to meropenem, imipenem, and ciprofloxacin. Approximately 70% of the isolates were resistant to two or more structural classes of antibiotic. Findings from this preliminary study indicated the prevalence of antibiotic resistance bacteria in the coastal waters of Penisular Malaysia.

ABSTRAK Kerentanan tiga puluh tiga bakteria heterotrofik yang diasingkan dari perairan pantai tropika di Semenanjung Malaysia telah diuji terhadap 15 antibiotik yang mewakili sembilan kelas agen antimikrobial. Kami mendapati bahawa ketahanan terhadap tetracycline, sulphonamide, mecillinam, sulfamethoxazole, erythromycin dan streptomycin adalah predominan di antara bakteria isolat. Resisten terhadap chloramphenicol, ampicillin, vancomycin, norfloxacin, ofloxacin dan trimethoprim/sulfamethoxazole adalah kurang lazim. Semua strain adalah peka terhadap meropenem, imipenem dan ciprofloxacin. Sekitar 70% daripada bakteria strain adalah resisten terhadap dua atau lebih struktural kelas antibiotik struktural. Penemuan kajian preliminari ini menunjukkan kelaziman resistensi bakteria di perairan pantai Semenanjung Malaysia terhadap antibiotik.

(Keywords: marine bacteria, antibiotic, multidrug resistance, coastal waters)

INTRODUCTION

Antibiotics are used intensively and widely as medicines and growth promoters in agricultural industries. However, these chemical compounds receive little attention as pollutants in the aquatic environment [1]. The persistence and elevated concentrations of antibiotics pose some risks to the aquatic ecosystems, in particular microorganisms. Recent findings show that antibiotics can have deleterious impacts on denitrifying bacteria, eventually affecting the nitrogen cycle [1,2]. This initiated the idea that the persistence and elevated concentrations of antibiotics in environment could have the potential to disrupt biogeochemical processes in the biosphere.

Elevated concentration and persistence of antibiotics in aquatic ecosystems also generate new selective pressures on natural bacterial populations, and hence antibiotic-resistant bacteria are selected from the indigenous communities [3]. The high prevalence of indigenous antibiotic-resistant bacteria could present a potential health risk because the antibiotic resistance genes could be transferred to human microflora via food-borne or environmental bacteria [4,5,6,7]. The report by Dantas *et al.* [8] have also shown that environmental bacteria act as reservoir of antibiotic resistance genes and are a source of novel resistance genes for clinical pathogens.

Despite many studies to date that have examined the prevalence of antibiotic resistance in environmental bacteria and the mechanism of antibiotic resistance, studies from the aquatic environment in the South East Asia region are relatively scarce. As antimicrobial resistance genes and resistant bacteria in the environment are increasingly seen as an ecological problem [9,10], there is a need to carry out this study. In this paper, we present preliminary data on antimicrobial susceptibility of bacteria isolated from coastal regions of Peninsular Malaysia.

MATERIAL AND METHODS

Bacterial strains were isolated in a previous study [11], from seawater obtained from different types of coastal environments along the Straits of Malacca (estuarine waters at Klang $[03^{\circ}00.1' \text{ N}, 101^{\circ}23.4' \text{ E}]$; coastal waters at Port Dickson $[02^{\circ}29.5' \text{ N}, 101^{\circ}50.3' \text{ E}]$) and South China Sea (estuarine waters at Kuantan Stn 1 $[03^{\circ}48.4' \text{ N}, 103^{\circ}20.6' \text{ E}]$ and coastal waters at Kuantan Stn 2 $[03^{\circ}48.7' \text{ N}, 103^{\circ}22.4' \text{ E}]$) (**Figure 1**).

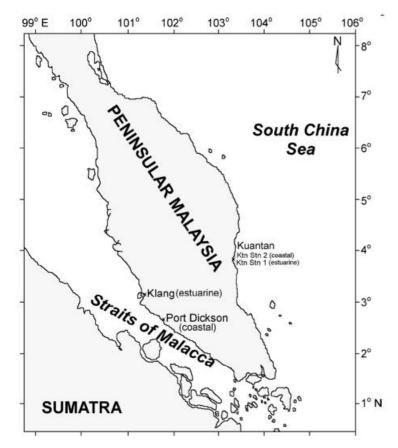


Figure 1: Map showing the location of the sampling stations in this study.

The bacterial isolation was carried out three times for each of the station sites. We randomly selected 33 isolates for antimicrobial susceptibility tests (**Table 1**). These isolates have been identified by phylogenetic analysis of their 16S rDNA gene sequences as shown in Table 2 [11]. The selected pure isolates were cultured onto marine broth 2216 (Difco) plus 1.5% agar prior to transfer to nutrient broth amended with 2% NaCl. Susceptibility testing was performed in Mueller-Hinton agar (Difco, USA) with 2% NaCl by using E-test method and disc diffusion method as described by the Clinical Laboratory Standards Institute [12]. The minimum inhibitory concentrations (MICs) of chloramphenicol (CL, 0.016-256 µg ml⁻¹), erythromycin (EM, 0.016-256 µg ml⁻¹), vancomycin (VA, 0.016-256 µg ml⁻¹), streptomycin (SM, 0.016-256 µg ml⁻¹), imipenem (IP, 0.002-32 µg ml⁻¹), ampicillin (AM, 0.016-256 µg ml⁻¹), ciprofloxacin (CI, 0.002-32 µg ml⁻¹), ofloxacin (OF, 0.002-32 µg ml⁻¹), norfloxacin (NX, 0.016-256 µg ml⁻¹), sulfamethoxazole (SX, 0.064-1024 µg ml⁻¹), trimethoprim/ sulfamethoxazole (TS, 0.002-32 µg ml⁻¹) were determined by Etest (AB Biodisk, Sweeden) while the MICs of mecillinam (MEL <u>10</u>, 10µg) and compound sulphonamides (S3 <u>300</u>, 300µg) were determined by antibiotic discs (Oxoid) The vancomycin susceptibility testing was only performed against staphylococcal isolates. The inoculated E-test and discs plates were incubated overnight at 30°C. MICs were measured according to the manufacturer's instruction.

Station	Isolate	Strain
Port Klang	PK2	Stappia aggregata
	PKQ	Bacillus infantis
	PKB	Pantoea agglomerans
	PKD	Micrococcus sp.
	PKP	Pseudoalteromonas sp.
	PKC	Bacillus sp.
	PKV	Microbulbifer sp.
	PKO	Alteromonas sp.
	PKT	Staphylococcus sp.
Port Dickson	PD1H	Bacillus sp.
	PD2M	Pseudoalteromonas viridis
	PD2F	Pseudomonas aeruginosa
Kuala Sepetang	MR3	Vibrio sp.
	MT3	Halomonas sp.
	T1G	Vibrio harveyi
	SW1	Micrococcus sp.
Kuantan	KK10	Bacillus megaterium
	KK5	Shewanella sp.
	KI29	Escherichia coli
	KD41	Escherichia coli
Straits of Malacca	SMB	Bacillus neonatiensis
	SMSTAR	Bacillus sp.
	SMN	Acinetobacter junii
Redang Island	R2	Salinimonas chungwhensis
	R4	Alteromonas sp.
	R5	Alteromonas alvinellae
Langkawi Island	LGN	Microbulbifer maritimus
	LGT	Staphylococcus pasteuri
	LGA	Micrococcus luteus
	LGV	Bacillus subtilis subsp. subtilis
	LGM	Bacillus licheniformis
	LGP	Staphylococcus cohnii
	LGO2	Brevibacterium casei

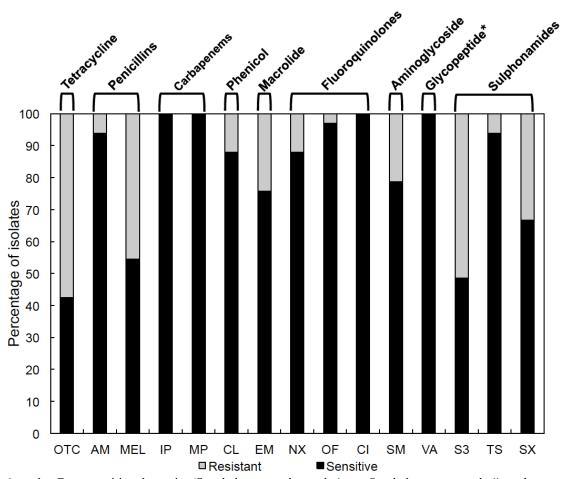
Table 1: List of bacteria isolated from different sampling sites.

In the case of oxytetracycline (OTC), the MIC was determined using the 96 well microbroth dilution method [12]. Isolates were grown in nutrient broth amended with 2% NaCl at 30°C. For use as an inoculums, cell suspension of each isolate was adjusted to an optical density (OD) of 0.5 at 625 nm. Twenty microliter of the bacterial suspension was inoculated into triplicate wells which contained 180 μ l Mueller Hinton broth (Difco) amended with 2% NaCl and with

twofold serial dilutions of OTC. The inoculated microtiter plates were incubated for 24 hours at 30°C. The MIC was determined as the minimum antimicrobial dilution at which no bacterial growth occurred. *Escherichia coli* AG1 was used as a control in this study.

RESULTS

We examined the susceptibility of the 33 marine bacteria to 15 antibiotics which representing 9 different classes of antimicrobial agents. Of them, high frequencies of resistance were observed for oxytetracycline (57.6%), compound sulfonamides (51.5%), mecillinam (45.5%), sulfamethoxazole (33.3%), erythromycin (24.2%) and streptomycin (21.2%), whereas resistance to chloramphenicol (12.1%),(12.1%), norfloxacin ampicillin (6.1%),trimethoprim/sulfamethoxazole (6.1%),ofloxacin (3%) were rare. All strains were susceptible to meropenem, imipenem and ciprofloxacin. The three Staphylococcus strains in this study were all susceptible to vancomycin (Figure 2).



*: only Gram positive bacteria (Staphylococcus haemolyticus, Staphylococcus cohnii and Staphylococcus pasteuri) were tested.

Figure 2: Frequency of resistance to 15 antibiotics among the bacteria isolated from tropical coastal waters in Peninsular Malaysia.

Table 2 shows the antibiotic resistance profile of 33 strains of marine bacteria. Twenty four distinct antibiotic resistance patterns were observed. Approximately 70% of the bacteria were resistant to more than one structural class of antibiotic. Two bacteria (6%) were found to

have resistance to five antibiotics and five bacteria (15.2%) were resistant to six antibiotics. Only 15.2% were sensitive to all antibiotics, and none of the bacteria were resistant to all antibiotics tested here.

No. antibiotic classes		Strain	Resistance						
0	KK10	Bacillus megaterium	-						
	PD1H	Bacillus sp.	-						
	PD2M	Pseudoalteromonas viridis	-						
	PK2	Stappia aggregata	-						
	PKQ	Bacillus infantis	-						
1	R5	Alteromonas alvinellae	отс						
	SMB	Bacillus neonatiensis	отс						
	PD2F	Pseudomonas aeruginosa	MEL						
	KK5	Shewanella sp.	MEL						
	LGN	Microbulbifer maritimus	S3						
2	PKB	Pantoea agglomerans	OTC, S3						
	T1G	Vibrio harveyi	OTC, S3						
	LGA	Micrococcus luteus	OTC, S3, SX						
	PKD	Micrococcus sp.	EM, S3						
	PKT	Staphylococcus sp.	MEL, EM						
	LGV	Bacillus subtilis subsp. subtilis	MEL, SM						
	PKP	Pseudoalteromonas sp.	MEL, S3						
3	LGM	Bacillus licheniformis	AM, EM, S3,						
	PKC	Bacillus sp.	MEL, EM, S3						
	SMN	Acinetobacter junii	OTC, SM, S3, SX						
	MT3	Halomonas sp.	OTC, NX, SM						
	PKV	Microbulbifer sp.	OTC, MEL, OF						
	LGP	Staphylococcus cohnii	OTC, MEL, S3, SX						
	PKO	Alteromonas sp.	OTC, MEL, S3, TS, SX						
	KI29	Escherichia coli	OTC, EM, SX						
	KD41	Escherichia coli	OTC, EM, SX						
4	R2	Salinimonas chungwhensis	OTC, AM, MEL, CL, S3, SX						
	R4	Alteromonas sp.	OTC, MEL, SM, NX						
	LGT	Staphylococcus pasteuri	OTC, MEL, SM, S3, SX						
5	MR3	Vibrio sp.	OTC, MEL, NX, SM, S3, SX						
	SMSTAR	Bacillus sp.	OTC, MEL, CL, SM, S3, SX						
	LGO2	Brevibacterium casei	OTC, MEL, CL, NX, S3, SX						
	SW1	Micrococcus sp.	OTC, CL, EM, SM, S3, SX						

Table 2: Antimicrobial resistance profile of the bacterial isolates from coastal waters.

OTC: oxytetracycline; MEL: mecillinam; S3: sulphonamides; SX: sulfamethoxazole; EM: erythromycin; AM: ampicillin; EM: erythromycin; SM: streptomycin; NX: norfloxacin; OF: ofloxacin; TS: Trimethoprim/sulfamethoxazole; CL: chloramphenicol

The distribution of MICs values of the antibiotic (except mecillinam and compound sulfonamides) against the 33 marine bacteria are shown in **Table 3**. According to the microbiological criterion proposed by Turnidge and Paterson [13], isolates in the higher range of MICs should be considered to have acquired resistance. Therefore the MICs of carbapenem antibiotics (imipenem and meropenem), fluoroquinolone antibiotics (ciprofloxacin and ofloxacin) and vancomycin in this study showed a monomodal (or absence of acquired resistance) distribution of susceptibility with ranges of 0.002 to 6 μ g ml⁻¹

to both carbapenems and fluoroquinolones whereas susceptibility to vancomycin ranged from 0.75 to 3 μ g ml⁻¹. In contrast, a bimodal (or acquired resistance) distribution was seen for trimethoprim/sulfamethoxazole, ampicillin, chloramphenicol, erythromycin, norfloxacin, streptomycin, sulfamethoxazole and oxytetracycline.

Table 3: Distribution of minimal inhibitory concentration (MIC) of antibiotics (except for mecillinam and compound sulfonamides) used in this study.

		Number of isolates with MIC (µg ml ⁻¹) of																												
Antibiotic	≤0.002	0.003	0.004	0.006	0.008	0.012	0.016	0.023	0.032	0.047	0.064	0.094	0.125	0.19	0.25	0.38	0.5	0.75	1	1.5	2	3	4	6	8	12	16	24	32	≥32
Ciprofloxacin (CI)	1					1	2			3	10	2	2	3	1	1	3	1	2	1										
Imipenem (IP)						2		1	1	4	12	5	3			1	1					3								
Meropenem (MP)					1			1	1	1	4	5	12	3	1	1			1			1		1						
Ofloxacin (OF)			1								3	2		11	3	1		5	1	2	3		1							
Trimethoprim/sulfamethoxazole (TS)	(TS)	1		1	1	6	5	3	6	2	3		1		1			1												2
	≤0.016	0.023	0.032	0.047	0.064	0.094	0.125	0.19	0.25	0.38	0.5	0.75	1	1.5	2	3	4	6	8	12	16	24	32	48	64	96	128	192	256	≥256
Norfloxacin (NX)	1					2	1		4	8	2	3	2	1		2	2	1	1	1	1		1							
Ampicillin (AM)		1		1	1	6	5	3	6	2	3		1		1			1												2
Chloramphenicol (CL)									1	1	3	3	7	7	5		1		1		2	1	1							
Erythromycin (EM)	1	1		1	3	4	7	5	1	2				2		1	1		1			1			1	1				
	≤0.064	0.094	0.125	0.19	0.25	0.38	0.5	0.75	1	1.5	2	3	4	6	8	12	16	24	32	48	64	96	128	192	256	384	512	768	1024	≥1024
Streptomycin (SM)													1	3	11	2	4	5		1	1									5
Sulfamethoxazole (SX)										2	5	5	4		1	3	1			1										11
	≤2	4	8	16	32	64	128	≥128																						
Oxytetracycline (OTC)	12	2		3	1	2	2	11																						

DISCUSSION

Coastal areas are known to serve as "recipient" for most forms of anthropogenic contaminants including antibiotics. Rampant and unregulated use of antibiotics in clinical and agricultural practices pose risks to aquatic ecosystems and human health due to the antibiotic selective pressure and development of bacterial resistance. Although no measurement on antibiotic concentration was carried out in this study, the differences in percentage of bacterial resistance to various antibiotics could reflect the antibiotic contamination in this region and could be considered as a bioindicator to initiate monitoring programs for antibiotic pollution [14, 38].

In this study, a high percentage of marine bacteria were found resistant to oxytetracycline, compound sulfonamides and sulfamethoxazole. These three antibiotics have been commonly used in marine aquaculture and livestock [15,16]. treatments Of these three. oxytetracycline is by far the most widely used antibiotic. Our study suggests the presence of veterinary antibiotics in the Malaysia coastal environments that, often occurs as a results of unregulated use of these antibiotics in aquacultures [15,17].Our findings are also consistent with previous research on the prevalence of oxytetracyline, sulfonamides and sulfamethoxazole resistance bacteria isolated from different aquatic systems in Korea, Thailand and Vietnam [6,18,19,20]. Generally, the oxytetracycline resistance frequency in our study was lower than Dang et al. (2007) (92.9-96.1%) and Li et al. (2010) (86.2%). In contrast oxytetracycline, sulfonamides to and sulfamethoxazole resistance frequency in our study was higher than Hoa et al. [19,20].

Mecillinam is a β -lactam antibiotic commonly used in the treatment of urinary tract infections. Resistance to mecillinam is common in clinical isolates [22,23]. However, report of mecillinam resistance in environmental isolates is still relatively rare. There is only one study which was done by Neela *et al.* [24] have reported the mecillinam resistance in 78% of their isolated *Vibrio* species from seawater at a coastal aquaculture site in Japan. In our study, we found that only 45.5% of our isolates showed high resistance to mecillinam. Besides mecillinam, our isolates also showed high frequency of resistance to erythromycin and streptomycin. The resistance of marine isolates to erythromycin and streptomycin is expected as resistance to these antibiotics are commonly reported [18,25,26,27,28,37]. In addition, erythromycin resistance is common among the Gram negative bacteria, due to their intrinsic resistance [29].

In order to investigate the presence of multidrugresistant (MDR) bacteria we used 15 antibiotics which belonged to 9 different classes of antibiotics for the antimicrobial susceptibility test. These antibiotics are used in Malaysia aquaculture, livestock production and are of interest in human medicine [15,30]. We were able to observe 24 distinct patterns of resistance profiles. Of these, 23 isolates were resistant to more than one structural classes of antibiotic. Our results indicated the widespread multiantibiotic resistance among bacteria from the coastal waters of Peninsular Malaysia, suggesting antibiotic contamination in our waters. The incidence of multi-resistance in aquatic environments is often associated with the use of antibiotics [10,31,32,33].

Although it is likely that different species will have different modal MIC, the MICs distribution in this study was not constructed on a speciesby-species basis due to our small sample size. Our study showed that the MIC distributions for imipenem, meropenem, ciprofloxacin, ofloxacin and vancomycin were monomodal, indicating the absence of acquired resistance of our isolates to these antibiotics. In contrast. bimodal distributions noted were for trimethoprim/sulfamethoxazole, ampicillin, chloramphenicol, erythromycin, norfloxacin. streptomycin, sulfamethoxazole and oxytetracycline, indicating the isolates in this study has acquired resistance to these antibiotics. Antibiotic resistance in bacteria can either be intrinsic or acquired [34]. Although acquisition of antibiotic resistance was not determined in this study, numerous studies have shown that bacteria are ready to exchange genetic information in nature, allowing the transfer of different resistance mechanisms that are already present in the environment between bacteria [35,36].

This is the preliminary report to demonstrate the wide occurrence of antibiotic resistance in bacteria isolated from coastal waters in Malaysia, and our results suggested a potential problem in the levels of antibiotic contamination. As the seas are inter-connected, our results could be extrapolated for the whole South-East Asia region, and warrants a more extensive study in the future.

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